

## Psychoanalytic Treatment through the Emory University Psychoanalytic Institute: Reduced Fee Agreement Checklist

There are two options for an individualized or reduced fee treatment through the Emory University Psychoanalytic Institute (EUPI)—Psychoanalytic Psychotherapy and Psychoanalysis. You may already know which treatment you prefer, but if you are unsure, you can discuss these options when you meet with one of us for the initial evaluation. The initial evaluation usually consists of several 45 to 50 minute sessions. At its conclusion, we will make a treatment recommendation to you, involving either psychoanalytic treatment through the EUPI or, if it is more appropriate, referral to other treatment resources in the community.

### Instructions:

Please review the checklist below, provide brief 150-200 word answers to each of the three narrative questions that follow, sign at the bottom of the page, and mail this document in to us along with your application.

### Checklist:

\_\_\_\_ I have read a description of psychoanalysis and psychoanalytic psychotherapy on [atlantapsychoanalysis.com](http://atlantapsychoanalysis.com).

\_\_\_\_ I understand that psychoanalysis is a four to five times weekly treatment and that psychoanalytic psychotherapy is a two to three times weekly treatment.

\_\_\_\_ I understand that while every analytic treatment is different, most analytic treatments require a commitment of several years of living in the same place and working with the same clinician to reap the desired benefits.

\_\_\_\_ I understand that in order to be considered for an individualized or reduced fee treatment, I will meet with a psychoanalytic clinician for several 45 to 50 minute sessions. This clinician will then make a treatment recommendation to me, involving either psychoanalytic treatment through the EUPI or, if it is more appropriate, referral to other treatment resources in the community. The clinician will be an experienced, licensed professional who is a candidate in psychoanalytic psychotherapy or psychoanalysis at EUPI. The cost of this initial evaluation will be 100 dollars.

\_\_\_\_ I understand that my clinician may use de-identified written notes from his or her work with me for educational purposes. I will have opportunities to discuss these educational purposes during my initial evaluation.

\_\_\_\_ I have responded to the narrative questions that have been posed to me in the following section of the application.

\_\_\_\_ The treatment will be privately arranged with my psychoanalytic clinician and will occur in the private office of my clinician.

\_\_\_\_ In order for my treatment to begin, I will need to sign a Patient Informed Consent form in the presence of my clinician. (Please see sample Patient Informed Consent on [atlantapsychoanalysis.com](http://atlantapsychoanalysis.com)). I will have the opportunity to discuss and ask questions about the informed consent process during my initial meetings with my clinician.

